

**AIR NAVIGATION REGULATION 45**

**"CREW TRAINING AND TESTS"**

(Sub-Clause 1 (b) (i))

*[To be completed for each aircraft of the type rated on every 13 months]*

NAME		OPERATOR		ROUTE	
A/C TYPE & REGISTRATION		DATE			
		<b>P/F</b>	<b>Sign</b>	<b>Date</b>	
Weather and NOTAMS	Interpretation of NOTAMS and Meteorological Forecasts				
Flight Planning					
Fuel Calculations	Requirements and Reserves				
Weight and Balance	Centre of Gravity within limits				
Liaison with Staff					
Pre-Flight Inspection	As per Aircraft Manual				
Engine Start / Warm Up	As per Aircraft Manual				
Engine Run Up / Checks	As per Aircraft Manual				
Air Traffic Procedures	Standard				

Taxiing / Braking Check	Safe speed control			
Passenger Briefing				
Pre-Take Off Checks	As per Operations Manual			
Take-Off (Normal)	Heading. Control unstuck. Climb			
Climb	Nominated Airspeed $\pm$ 5 kts. Trim			
Intercept Track	Positive 30°, 45°, 60° Intercept			
Level Flight En-route	Cruise Power Settings. Trim. Fuel Management. Airspeed $\pm$ 10 kts. Altitude $\pm$ 100 ft			
Airways Procedures	Correct IFR / VFR procedures applied			
Navigation	Accepted navigation procedures applied			
Descent	Power reduction. Trim. Airspeed $\pm$ 5 kts.			
Approach	Visual/Instrument (ILS, VOR, NDB, GPS Letdown, DME Arc)			
Final Approach and Landing	Nominated Airspeed. Drift control. Correct touchdown attitude.			

Landing Roll and Taxi	Speed Control			
After Landing Checks	As per Operations Manual			
Airmanship	Aircraft and Engine handling Communications and Judgement Use of Radios and Nav-aids			

**Remarks**

Examiner

Licence No

Signature

Flight Time